



The road to Feedback Culture

by **Ungureanu Vlad** for the
Personal Development Group
and **Learn Stuff**

Psychology

- Compartmental
- Biopsychology
- Health
- Development
- Educational
- Social
- Personality
- Cognitive
- Cultural
- Comparative
- Experimental
- Medical-Legal
- Abnormal

Coaching

Mentoring

Tutoring

Counseling

Studying

Training

Knowledge Transfer

Discussing 

Understanding 

Learning 

Improving 

Having fun 



Opportunity



Happiness



Career



Self Esteem

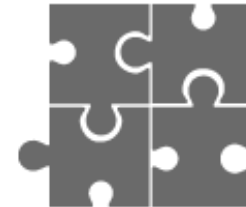


Social Life



- A vision from the exterior over actions and personal performance
- Helps in the discovery of strong points and aspects that could be improved
- Learning new ways of self development and self improvements

- A complete vision ensures a correct understanding of the situation and a better sense of control
- Helps make correct decisions



feedback

noun

1. **Information** on the reactions to a product, a persons performances or task completion, used as the basis for improvement.
2. Modification or control over a process or system based on its results and effects

So, what is feedback?



RESULTS



CLIENTS



PERFORMANCE



*LIFE OF AN IT
PROFESSIONAL*



TEAM

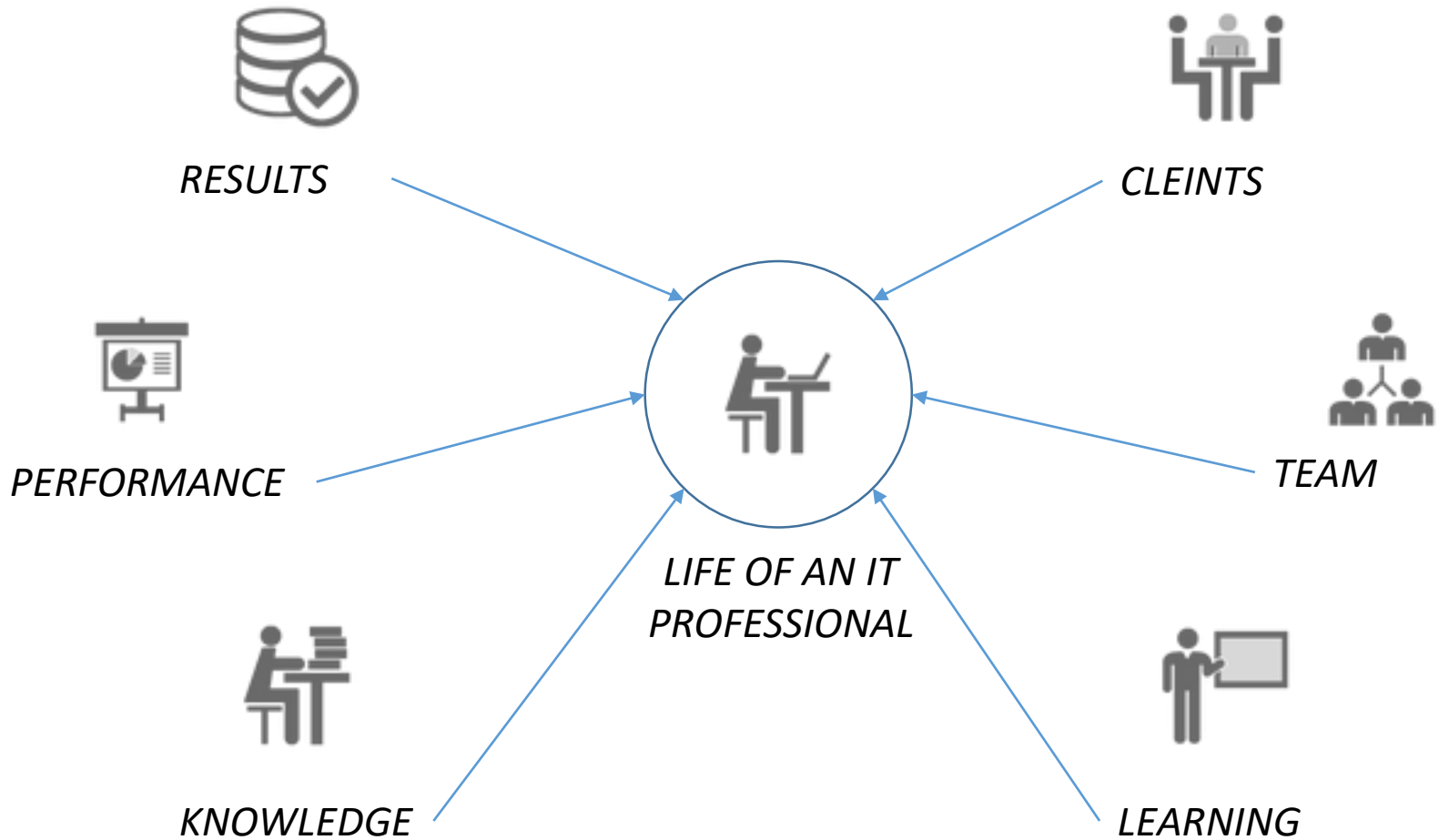


KNOWLEDGE



LEARNING

So, what is feedback?





- Feedback is offered constantly and unconditionally
- Feedback is constructive and beneficial



- New ideas are listened and feedback is always provided
- Anyone can provide new ideas or feedback



- Knowledge is distributed and accessible for everyone
- Individual development is monitored and guide accordingly



- Productivity is high for each individual
- Satisfaction is high and stress is low

Feedback Culture sounds great...

- Safety
- Trust
- Responsibility
- Balance
- Habit



UNDERSTANDING



ACCEPTANCE

- **Self Discovery**
 - Discover and understand wishes, needs, preferences and what makes us happy
- **Clarity**
 - From abstract to concrete
- **Perception**
 - Understanding our perception related to the world around us and our understanding of it
- **Self Evaluation**
 - Understanding our own possibilities and limitations
- **Planning and acting**
 - Establish clear objectives and work to achieve them
- **Feedback**
 - Giving and receiving feedback
- **Feedback Culture**
 - Feedback becomes part of our every day lives

THANK YOU!

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